

IDENTIFY CONCERNS



CPR can be done dangerously, and not enough people are actually certified.

SET A GOAL



To educate people about CPR and how to do it.

FORM A PLAN (WHO, WHAT, WHEN, WHERE, WHY, HOW)



Who: Paxton, with help from my broth

What: CPR video

Where: At school

When: January

Why: So people perform CPR safely

How: Making an instructional video

ACT



I am doing it, making a video, now, at the school, to educate people about CPR, through a STAR project.

FOLLOW UP



I learned a lot about video planning and editing. I reviewed my script with an EMT and my adviser. Then, I filmed and edited my video.