

# FCCLA Planning Process Summary

## IDENTIFY CONCERNS



The problem I am looking to explore is teen dating violence. According to the CDC in 2023, 1/12 youth reported experiencing dating violence and 1/12 reported experiencing sexual dating violence. The Office of Juvenile Justice (2023) reported that 66% of students report being in a romantic relationship and 8.3% of these students report being physically hurt on purpose by these romantic partners. The American Psychological Association stated in 2023 that 51% of females and 43% of male high school students report a form of dating violence.

## SET A GOAL



My goal for this project is to raise awareness around teen dating violence in the United States by spreading information on what families and friends can do to help someone dealing with teen dating violence. Those numbers are 800-799-7233 for a phone call and 88988 for texting. I hope to reach 100 people with my video.

## FORM A PLAN (WHO, WHAT, WHERE, WHEN, WHY, HOW)



**WHO:** I will be completing this project with the help of my teacher, Mrs. Hubel.

**WHAT:** It will be a short video and essay explanation of statistics about teen dating violence in the U.S. and ways people around them can help.

**WHERE:** This is an online project so it will be completed in video and essay form.

**WHEN:** I will be completing this project between December 2023 and February 2024.

**WHY:** The point of this project is to spread awareness around teen dating violence.

**HOW:** I will reach my goal by sharing the information I find with others in my community.

## ACT



There is a lot of information out about preventing teen dating violence, but not about how to report it if you see it happening around you. Finding credible sources and the information I needed was quick so it was fast to finish my research. The script writing process was difficult because it is a serious topic and it includes many different statistics that are hard to put into words. After writing the script, the videos were quick to film. I filmed them on an iPad our school owns and put them together on iMovie. Editing was a new thing to me so I wanted it to be as simple as possible. I added transitions from canva and after a while of tweaking the transitions, it ended up coming along fast. Finally I added my copyright statement. The website did it all for me and I added that onto the end of my video.

## FOLLOW UP



I feel teen dating violence is not spoken about often enough. While finding the facts and stories, there was a lot of people mentioning how their friends and family interfered and helped them out or didn't notice anything was wrong. The point of my project is to spread awareness so that families can interject and help their teens through a tough time. If I were to change anything, I would find more statistics on the differences in dating violence amongst different socioeconomic groups. This would show how different communities are impacted by teen dating violence.